

Research Title: Investigating the Psychological Impact of Pulmonary Fibrosis

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PARTICIPANT INFORMATION SHEET

AIM OF RESEARCH

The aim of this research is to expand contemporary data to medical professionals within the Respiratory Sector as regards the impact Pulmonary Fibrosis has on the person at hand and those around them.

WHY WILL IT BENEFIT YOU?

This is an opportunity for you to voice your concerns, your thoughts and your opinions on everything that has affected you since Pulmonary Fibrosis became a part of your life.

The research will be aimed at gaining your perspective.

If the research is published I hope it will help practitioners find better ways in which support and management can be given to those like yourselves upon being diagnosed with Pulmonary Fibrosis.

YOUR INPUT

You will have the opportunity to talk about a number of different areas including the following should you wish.

Your thoughts and feelings on quality of life since diagnosis.

Thoughts on the support that has been provided to you, for example pulmonary rehabilitation sessions and/or Breathe Easy groups.

How you have come to terms with changes within your physical health.

I expect the interview to last no longer than between 30-45 minutes but this depends on how much you wish to say.

FREQUENTLY ASKED QUESTIONS

WHO AM I?

My name is Katie Bagshawe and I am an MSc Psychology student at Sheffield Hallam University. I hope once I have completed this course to go on to complete a PhD in Health Psychology specifically furthering research in those diagnosed with a respiratory illness.

WHO AM I RESPONSIBLE TO?

My Supervisor at Sheffield Hallam University has a background in research within Health Psychology and is a Senior Lecturer. Should you have any concerns my Supervisor's contact details are provided at the end of this document. A research ethics panel made up of senior academics from the course has approved the research study.

WHY AM I DOING THIS STUDY?

I have a close personal history with respiratory illness and have noticed in this time the lack of contemporary research available to healthcare professionals on how these illnesses directly affect the patient from their own perspective.

Psychology and Mental Health is an area I have been passionate about for some years now so by utilising this study opportunity, I hope to help increase interest in researching more about the Psychological aspects of a respiratory illness using the most vital voices we have; **yours!**

WHAT WILL HAPPEN TO ME IF I TAKE PART?

You will be interviewed about your diagnosis of Pulmonary Fibrosis and how this has impacted your life.

The interviews can take place wherever you are most comfortable. They can either be within the setting of the Breathe Easy Group in a quiet side room or they can be arranged at an alternative location such as your own home.

I expect the interview to last no longer than between 30-45 minutes but this depends on how much you have to say.

You can take as many breaks as needed during the interview process. All interviews will be audio recorded and all participants have the opportunity to request a copy of their own transcript.

WHAT HAPPENS AFTER THE INTERVIEW?

Once all the interviews have taken place I will look for themes in the interview data and these will be reported in my dissertation.

CAN I SEE THE REPORT?

Once the report has been handed in and marked there will be opportunity for you to access a summary of findings should you wish. This should be by the end of September 2017.

WHAT IF I CHANGE MY MIND?

You can withdraw from the research at any point before the interview simply by letting me know using the contact details below.

If during the interview you would prefer not to answer one of the questions, that is fine, just let me know.

Once the interview has taken place I will provide you with a basic transcript of the data. At this point if you decide you are happy with everything you have said; the interview transcript will be included with my research analysis.

You can decide to completely withdraw from the research up to seven days after you have received the interview transcripts. If you choose to withdraw, all data you have provided will be immediately removed from the research project.

DO I HAVE TO TAKE PART?

No, you don't have to take part. Participation is entirely voluntary.

WHAT WILL HAPPEN TO MY DETAILS?

All participant information will remain entirely anonymous. Your interview will be given a code to identify it. Only this code, plus your age and gender will be included in the analysis.

WHAT WILL HAPPEN TO THE RECORDED INTERVIEWS?

Once the interview has finished the recording will be transcribed. It will be safely secured on a password protected and encrypted folder on my personal laptop that is also password protected. The only person who can access this material will be me.

CAN I SEE THE TRANSCRIPTS?

Shortly after, you will receive a summary of data that has been transcribed from the interview. You can however also opt to receive a full transcription should you wish.

WHAT SUPPORT CAN I GET?

Your comfort is of upmost important to me, which is why I would suggest the interview take place within a quiet familiar environment such as your own home. I must stress all participant data will remain confidential and anonymous so no personal data will be published or divulged at any point.

Once the interview has taken place and you feel you need support you can contact the British Lung Foundation helpline on 03000 030 555. The phone lines are open Monday to Friday between 9am and 5pm. However, any other support groups or persons you might be in contact with, for example Respiratory Nurses, Palliative Care or Breathe Easy Group Volunteers are there to provide you with support.

WHAT HAPPENS NEXT?

The final research report will be submitted by the end of August 2017. As has been mentioned you can request a summary of my findings by e-mailing me.

I hope using this report I can further move into a PhD in Health Psychology and begin to enhance and continually add to the contemporary data of respiratory illness and psychology.

WHAT DO I NEED TO DO NOW?

If you are interested in taking part, then please contact me using the details below.

E-mail: katiebagshawe@outlook.com

Mobile: 07805474321

Supervisor contact details:

Dr Penny Furness

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